

# Research in Action in Rural Wales

Cymru Wledig LPIP Rural Wales in the community



Public transport is scarce – it does impact on my job opportunities

It worries me that my children may not be able to afford a house locally

Cymru Wledig LPIP Rural
Wales is a collaboration
between universities, social
enterprises, local resident and
activist groups, businesses,
and policy partners exploring
how research and innovation
can help find solutions to the
challenges facing rural Wales.

Communities in rural Wales want to thrive and to celebrate their culture and proud heritage in a fast changing world. How can we work together to make sure this happens? Cymru Wledig LPIP Rural Wales is an opportunity to improve the resilience of the places we care about with innovative approaches.

I'm concerned about flooding from the local river

Now the village shop has closed, I wonder how it will affect our community?

We recognise that different regions often face different struggles and a 'one size fits all' approach across Wales would not be helpful. As such, our programme of Community-led Action Research aims to put communities in control of shaping the research and finding solutions that work for local people.

Our Community-led Action
Research projects are testing
new ways of gathering
evidence on topics of local
importance identified by
community residents.
Community researchers collect
and analyse data themselves
and decide what to do with the
results, guided by an academic
mentor and supported by a
Community Research Network.

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Cymru Wledig LPIP Rural Wales has supported me to improve my research skills and focus my research in a more useful direction. I hope that the results from this research will be used to help inform both SDCP's development and Welsh Government policy in the future.

Sian Dixon at South Denbighshire Community Partnership / Partneriaeth Gymunedol De Sir Ddinbych

Since 2024 we have been working with five communities across Wales to pilot this approach. These communities have focused on topics Corwen such as regenerative economy, community Trawsfynydd transport and local ecology. In stage 2, the approach is expanded to six further **Biosffer** communities, selected Newtown through an open competition Dyfi in summer 2025. St Davids **Peninsula** 



# Identifying key issues and exploring solutions. Together in partnership.

During the launch of Cymru Wledig LPIP Rural Wales at the Senedd in July 2024, we shared our vision for the next three years. From the start, we were clear that we wanted to co-design and co-produce the projects, working with local people and organisations to identify opportunities, and ensure that the work we do delivers precisely what the community wants and needs.

Historically, too many policies have been introduced 'top-down' by people not living in those communities. Or new regulations introduced with the best intentions, but perhaps not quite providing benefits equally to all regions – especially those in rural areas.

By placing local decisionmaking at the heart of the projects, we aim to support sustainable and transparent new initiatives.

Our Community-led Action Research projects will produce data and evidence that communities can use to develop their own solutions to local issues, to evidence bids for external funding, or to lobby Welsh Government, councils or public service providers. We will give communities the means to achieve tangible change.

## Collaboration, Co-Design, and Co-operation

Cymru Wledig LPIP Rural Wales values the lived experiences of the local experts: You. Those living through the daily challenges in the Welsh countryside are best placed to spot the opportunities, help to identify how improvements can be made, and influence future research and policies.

"The Cymru Wledig LPIP Rural Wales team have been a great help in providing resources and inspiring volunteer groups to expand their research work. Partnering with Biosffer Dyfi, Lab Dŵr Dyffryn Dyfi and the Dyfi Biosphere Swift Project, Cymru Wledig LPIP Rural Wales has been there at every stage of the development of an impactful research plan. The Screams and Streams project has partnered with academic mentors to hone the collection of a valuable base line of data that will be a springboard to further research".

James Cass, Biosffer Dyfi

### Our approach to collaboration

With regular meetings with community residents and organisations, and taking the time to dig deeper into the issues affecting the lives of locals, the academic mentors are supporting people to gather evidence and explore issues that are important where they live.

Skills training is provided by Cymru Wledig LPIP Rural Wales, guiding community members to become action researchers themselves and demonstrating how to present information to decision-makers, to ensure long term and sustainable change.



#### Improving life in rural Wales

Community-led Action Research is just one way in which Cymru Wledig LPIP Rural Wales is using research and innovation to improve life in rural Wales. We are also carrying out targeted studies to inform policy on pressing issues such as understanding growth in the rural economy, avoiding trade-offs in net zero projects, and supporting Welsh language grassroots cultural activity. We are conducting surveys to update evidence for decision-making. Our Innovation Labs are exploring interventions to unblock obstacles to change.

#### **Contact us**

If you would like to collaborate or receive more information, please contact Professor Michael Woods, Director, Cymru Wledig LPIP Rural Wales lpip@aber.ac.uk

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